

Kelly's Credo

- ❖ Faith should be practiced in every moment, in every situation, in every place. It should not merely be displayed for certain people, in certain places or on special days. In practicing my own faith, it is never acceptable to demean anyone else's faith.
- ❖ It is not enough to talk about what is wrong in the world or what changes need to be made. We need to work to make changes happen.
- ❖ We are all inherently equal. No person is more worthy than any other. Every person deserves love and respect. Each of us can learn something from any other person. Each of us is good and bad. We all have gifts that should be shared.
- ❖ Each of us has a responsibility to positively influence the world and to avoid causing harm. Whether or not we want the responsibility, we do influence the environment, people we know, people we'll never meet, people of the future, people who produce what we consume, etc. All of our lives are made better by intentionally doing this well.
- ❖ Those who came before me and those who surround me help make all I do possible. I don't achieve anything on my own. It is my duty to show gratitude.
- ❖ Beauty is essential. A lack of exposure to it, inability to detect it or limited opportunities to create it -- can turn our insides ugly. It is always around us and in us but sometimes it's harder to notice.
- ❖ Each of us deserves to become her best. Every person deserves real opportunities to find, create and experience joy (as long as that doesn't destroy someone else's joy). That requires help (maybe love, support or guidance) from others.
- ❖ As long as we are able, each of us must continue to learn and grow and evolve. We must proactively develop ourselves and not become stagnant and dusty.
- ❖ Every person already has a direct connection to the divine.
- ❖ Our lives and all aspects of our health are gifts of which we must take great care. We should treasure them, use them well, use them wisely. We must not waste them by living small, safe lives or squander them by living carelessly.
- ❖ The world, or at least some person's life, should be better because I lived.